

# HARVEST APPEAL



## HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST

### DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



### SHOPPING LIST TOP TEN ITEMS

- WASHING POWDER/DETERGENT
- PACKET MASHED POTATO
- MARCARONI CHEESE
- MARMALADE
- IRISH STEW
- FRAY BENTOS PIE
- PASTA SAUCE
- INSTANT MASHED POTATO
- NOODLES
- TINNED TOMATOES
- BABY WIPES

### DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



*Don't forget...*

*You can help transform more lives with a financial donation too.*



Deliver to Unit H2, Phoenix Business Centre, Rosslyn Crescent HA1 2SP:  
Mon - Wed & Fri 10:30 - 14:30. Please call 020 8416 7344 before delivery to ensure volunteers are available.

Donate online:

<https://donate.giveasyoulive.com/donate?cid=184241>

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