#### The Sanctus

Holy, holy, holy Lord, God of power and might. Heaven and earth Are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

#### Angus Dei (Lamb of God)

Lamb of God,
you take away the sins of the world,
have mercy on us.
Lamb of God,
you take away the sins of the world,
have mercy on us.
Lamb of God,
you take away the sins of the world,
grant us peace.

### Anima Christi (Soul of Christ)

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me.
O good Jesus, hear me;
Within your wounds hide me;
Never permit me to be separated from you;
From the wicked enemy defend me;
In the hour of my death call me
And bid me come to your side,
That with your saints I may praise you,
For ever and ever. Amen.

## A Prayer to God the Father

God be in my head and in my understanding. God be in my eyes and in my looking; God be in my mouth and in my speaking. God be in my heart and in my thinking. God be at my end and my departing.

#### A Prayer for Christian Unity

Lord Jesus Christ,
at your Last Supper
you prayed to the Father
that all should be one.
Send your Holy Spirit
upon all who bear your name
and seek to serve you.
Strengthen our faith in you
and lead us to love one another in humility.
May we who have been reborn in one baptism
be united in one faith
under one Shepherd. Amen.

### A Prayer by St. Richard of Chichester

Thanks be to you, my Lord Jesus Christ, for all the blessings and benefits which you have given to me, for all the pains and insults you have borne for me.

O most merciful Friend, my Brother and Redeemer, may I know you more clearly, love you more dearly, and follow you more nearly, day by day, day by day. Amen.

# A 'Prayer of St. Francis of Assisi'

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is discord, unity; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.

For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

Amen.